

MANUAL RESTRAINT

It is the policy of the Castleton/Hubbardton School District that the use of manual (physical) restraint procedures in the public schools must be powerfully discouraged in favor of various alternative behavioral reduction/reinforcing interventions which are less intrusive. Examples of these less aversive techniques include verbal de-escalation techniques, the use of token economies, overcorrection, modeling and the use of a hierarchy of timeout procedures. Before manual restraint may be used, less intrusive interventions must be considered and attempted and found, ultimately, to be ineffective under the circumstances. However, realizing that the various less intrusive strategies can be used only if the student follows the instructor's verbal requests and directions, there will be times when the use of manual restraint may be a necessary and appropriate alternative.

It is the policy of the Castleton/Hubbardton School District that manual (physical) restraint may be used only when a student engages in behavior that presents a clear and present danger to him/her self, others or property.

Only those personnel so trained may engage in the use of any manual restraint procedures except in an emergency.

APPROVED: December 18, 1996

Castleton/Hubbardton School District